



SECOND MEDICAL OPINIONS NEWSLETTER

info@smopinions.com | www.smopinions.com | (855) 798-3261

Interesting Facts

- The average red blood cell lives for 120 days.
- We make 1.6 liters of saliva very day.
- The surface area of a human lung is about the size of a tennis court.

Our Doctors

The physicians in our staff are **Dr. Ivan Cubas** (Gastroenterology), **Dr. Samuel Maghidman** (HIV Medicine and Internal Medicine) and **Dr. Marco Ramos** (Nephrology and Internal Medicine).

Quote of the Month

"Death, the most dreaded of all evils, is therefore of no concern to us; for while we exist death is not present, and when death is present we no longer exist.

Epicurus (341 BCE-270 BCE)



The Importance of Individualized Medical Care

In our days, due to the pressures of the health insurance companies (private and public), the legal system, the physician shortage and academia there is a push towards standardizing the medical care at all levels. This would work well if everyone of us were genetically and culturally equal, with the same responses to infectious agents, dietary habits and the stresses of life in general. However, as you probably already concluded, this is not the case.

Health insurance companies base their profit models in statistics. They use averages, standard deviations and trends in order to make decisions. An individual with a unique problem, who does not fit in the pattern usually creates some degree of stress in the system that needs time to be solved. In many occasions, neither the physician nor the bureaucrats have the time to actually solve the issues.

Finish reading the article at:

<http://blog1.smopinions.com/2014/09/the-importance-of-individualized.html>

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News

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