



SECOND MEDICAL OPINIONS NEWSLETTER

info@smopinions.com | www.smopinions.com | (855) 798-3261



The 15 Minute Visit to the Doctor's Office

Medical problems can be complex. They have the potential of altering our lives completely and for good and even the power of terminating life. Physicians have devoted a huge proportion of their lives to understand medical issues and to learn the art of palliate if not cure disease.

Ideally, we should visit a doctor for prevention, advise end general education regarding health problems. The duration of the visit should be determined by the nature of the problem and by the complexity of the tools needed to solve it. Nowadays, in most settings, it is almost impossible to do that. Physicians watch the clock, not because they want to leave and go home, but because there is another patient waiting. And after that patient, there is another and another...

Finish reading the article at:

<http://blog1.smopinions.com/2014/07/the-15-minute-visit-to-doctors-office.html>

This article appeared on Second Medical Opinions Blog on July 29, 2014

Interesting Facts

- Laughing 100 times is equivalent to 15 minutes of exercise on a stationary bicycle
- Every cigarette you smoke reduces your expected life span by 11 minutes.

Our Doctors

The physicians in our staff are **Dr. Ivan Cubas** (Gastroenterology), **Dr. Samuel Maghidman** (HIV Medicine and Internal Medicine) and **Dr. Marco Ramos** (Nephrology and Internal Medicine).

Quotes of the Month

"The greatest wealth is to live content with little."

Plato (427 BCE-347 BCE)

"Not what we have, but what we enjoy, constitutes our abundance."

Epicurus (341 BCE-270 BCE)



Sponsors

The Second Medical Opinions Newsletter is looking for sponsors.

If you have a small business and would like to have a logo with the URL of the website this would be a good place to start.

You will be able to place a short message regarding of what the company does



www.gp-solutions.org

Global Physicians Solutions LLC is your answer for telemedicine needs.

Since we are just starting our prices are very affordable. If you are interested, send us an email and will send you a very affordable quote.



News

Second Medical Opinions PLC started offering a 15-minute telephone consultation option. By doing this, we expect the consults to be more easily available to the public. This option does not include medical record transmission or a generation of a written report.

